

	Mon	Tues	Wed	Thur	Fri	Sat	Sun
9:30-10:30am					BALLET 4 MODERN	HANDS & FEET TAP	
10:00-11:00 am	HANDS& FEET TAP		HANDS& FEET TAP				
10:30-Noon		BALLET 4 MODERN				URBAN UNIVERSE	
Noon-1 pm	STRETCH BREAK	STRETCH BREAK	STRETCH BREAK	STRETCH BREAK	STRETCH BREAK		
1:00-2:30 pm						DANCE AFRICA	
3:00-4:00 pm				MOM&ME			
4:00-5:00 pm				HANDS& FEET TAP			
5:30-7:00 pm	MODERN	BALLET 4 MODERN	SOCA-AEROBICS	MODERN	BALLET 4 MODERN		
6:00-7:30 pm							FREE STYLE
6:30-8:00 pm			DANCE AFRICA				
7:00-8:30pm	REPERTORY			REPERTORY	URBAN UNIVERSE		

Ballet 4 Modern : No frills...just skills for the contemporary dancer.

Hands & Feet Tap : Its all about rhythm...tapping, hoofing & drumming.

Urban Universe : Hip Hop, Reggaeton, Dancehall & Street Dance “mash-up”.

Stretch Break : Use your lunch hour to stretch and lengthen through breath and various body awareness techniques.

Dance Africa : Fusion explosion! Dance styles from the african continent.

Mom&Me : Dance together. Learn together. Play together.

Modern : Professional Instruction to develop your Professional potential.

SocAerobics : High Energy Caribbean Get Fit... Stay Fit Party!!

Repertory : Learn from various dance artists to pick- up movement and hone performance skills. JUST DANCE!